
ARCHITECTS OF INTELLIGENCE

Structural Fidelity Audit

A four-check workbook for testing the foundation beneath the visible structure of your work.



From Architects of Intelligence:
Relational Integrity

A HARMONIC PRESS COMPANION RESOURCE

Structural Fidelity Audit

A four-check workbook for testing the foundation beneath the visible structure of your work.

How to Use This

This is a guided reflection for individuals or teams. Use it when you want to check the *foundation* of your work — not just the visible structure, but the interior congruence beneath it.

1. Rebar — Interior Congruence

Rebar is the steel reinforcement inside concrete. It is invisible, but if it is misaligned or corroded, the structure will shear under load.

What is the rebar in your work? What interior values, beliefs, and congruences are actually holding things together? Are they aligned, or are there cracks you have not named?

2. Impedance — Alignment Between Stated and Actual

When source impedance does not match load, you get signal loss, reflections, destructive interference.

Where do you feel "reflections" in your work? User distrust? Team exhaustion? Model brittleness? Trace one of these back to a mismatch between what you say and what you actually do.

3. Tuning Fork — What Frequency You Transmit

A fetus entrains to its mother's heart rate variability. That becomes its baseline frequency for life. As a builder, you are the first tuning fork every system you touch will calibrate to.

What frequency do you transmit when you work? Coherence? Urgency? Fear? Presence? What would it take to shift your baseline?

4. Load-Bearing Wall — What Holds When Pressure Comes

You can hang inspiring posters about ethics, but if the load-bearing wall is out of plumb, the house will lean and eventually split.

What is the actual load-bearing wall in your organization or practice? Is it truly sound, or are you propping up what should be rebuilt?

After the Audit

If you find misalignment, do not panic. The purpose of the audit is to see, not to fix everything immediately. Name what you see. Share it with a trusted colleague or team. Choose one thing — pick the smallest structural misalignment you can address. Fix that. Let the work propagate.

If you find alignment, celebrate. This is rare. Let the coherence be witnessed. Document what holds — so you can rebuild it when things shift.

From the Harmonic Field Constellation. For those who build with care.

theharmonicfield.org